# liverlife

2025


SOFIA AT THE BRITISH TRANSPLANT GAMES

BRITISH LIVER TRUST

Children's Liver Disease Foundation
fighting childhood liver disease

# Welcome

## to the 2025 edition of Liver Life!

Since April 2024 when Children's Liver Disease Foundation merged with the British Liver Trust, we've been working to build a stronger united voice for people of all ages affected by liver disease.

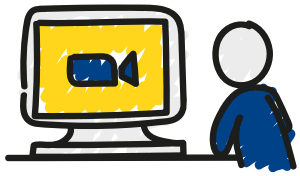
We know that our work with young people and families is particularly important to you, and thought you would like to know that in our first year as a united charity:

**23,000 Yellow Alert Packs**

..were issued, enabling health care professionals throughout the UK to spot the signs of liver disease in newborns.

**12 Hive Hangout Sessions**

..were run, which allow young people with liver disease to talk freely to our support team and each other.

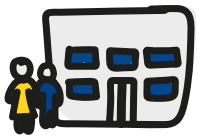


**49 Zoom Calls**

..took place with young people who needed specific support from our Young People's Officer.

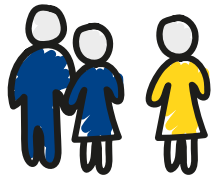
**1,400 Emails To & From Families**

..have been exchanged, providing vital information and support.



**16 Meetings With Schools**

..were held, providing vital advocacy and back up to parents concerned about the impact of a liver condition on their child's education.



**2 New Advisory Groups**

..have been set up, one for parents and carers and one for young people - to ensure that your views are at the heart of all our planning.

More details on all of this are in our Annual Report which will be dropping into your inbox or letterbox very shortly. In the meantime, if you have any comments or questions, please contact us at info@childliverdisease.org. We always love to hear from you.

Pamela J Healy

Pamela J Healy OBE
Chief Executive

# Didn't they do well?

## Saluting Bobby's Bravery

Kelly has every reason to be proud of her 11-year-old son Bobby who has had a very tough year. “He had his first liver transplant in November 2024 and his second in March this year. Throughout all of this, he has been incredibly strong and brave, and we are so proud of him” says Kelly. **Read Bobby's story here**

## Luna Loves Nursery

Three-year-old Luna has just completed her first year at nursery. “Because she has biliary atresia, we were worried that nursery wouldn't be possible, but it was honestly the best idea!” says mum Sophie. “Luna has absolutely thrived since being at nursery, which makes us more comfortable with the thought of her starting school in September 2026.” **Read Luna's story here**

## Harry proves why he’s a winner

A diagnosis of alpha 1 antitrypsin deficiency hasn’t dented Harry’s dreams of being a Formula One driver. In fact, he’s given them a boost with a major win.

**Read Harry's story here**

## Reid takes it all in his stride with a smile

Shout out to 10-year-old Reid who has spent the past decade being incredibly brave, taking all his appointments and admissions in his stride and always having a giggle with doctors, nurses and even phlebotomists! He copes with ADHD as well as biliary atresia and is currently being assessed for autism.

“Despite all of this, he is a wonderful pal to his twin brother, always has a joke up his sleeve, is so kind-hearted and is just flying academically in school,” says his mum, Sam. "We’re amazingly proud of him.”

# Congratulations to the class of 2025!

Going off to university with a liver condition can mean added 'baggage' so we are incredibly proud of this year's graduates who include Christopher, who graduated with a degree in computer networking and Emily, pictured with mum, Kirsty, who graduated just weeks after undergoing a liver transplant!
**More on their stories here**

Do you know a superstar we should be shouting about?

**TELL US HERE**

# Catching up at The Transplant Games


The Transplant Games were once again a real highlight for us in the Children and Families Team. We were excited to cheer on competitors in everything from archery, tennis and swimming to the 5k road race, and were incredibly proud to see so many of our young people receive medals.

The best thing for us, however, was meeting up with so many families, seeing the progress our young people are making, and celebrating the wonderful gift of organ donation.

**FOR MORE TRANSPLANT GAMES PICS CLICK HERE**

# Our fantastic young fundraisers

A huge well done and thank you to the amazing young people who, over the past year, have taken on fundraising challenges to support others in their situation.

Do you know a young fundraiser?
**Tell us about them here.**


Holly took her mum out on a sponsored walk and raised a fantastic £790!

READ MORE ABOUT HOLLY'S STORY HERE


Sam chose Helsinki for his first marathon and raised an amazing £1,000!

READ MORE ABOUT SAM'S STORY HERE


Keen cyclist Imogen took on a 220 mile east to west coast cycle ride generating a fantastic £4784.

READ MORE ABOUT IMOGEN'S STORY HERE


Nine-year-old Rayhan opted for a different form of transport and raised £1,000 with a sponsored rally drive.

READ MORE ABOUT RAYHAN'S STORY HERE


Two-year-old Zachary raised over £600 by doing his very own version of Parkrun.

READ MORE ABOUT ZACHARY'S STORY HERE


And three-year-old Wesley was the focal point of a week of fundraising in his community which topped £1600.

READ MORE ABOUT WESLEY'S STORY HERE

BIG YELLOW FRIDAY

# SAVE THE DATE!

## Friday 13th March 2026

**Friday 13th March** will be most definitely lucky for some next year as that's when Big Yellow Friday will be taking place!

This year, your swimming, baking, running and cycling raised a fantastic £16K and next year we're determined to do even better. So, pop the date in your diary, register **here** for your fundraising pack and start thinking about how you'd like to join in – we're here to help!

If that date doesn't work for you, our team are happy to support all your fundraising plans. We have ideas to suit all ages and energy levels **here** and if you prefer to simply donate, that's easy too! **Donate**

To register your interest or request a pack

**CLICK HERE**

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## Have we heard your story?

Is there something you wish you had known about living with childhood liver disease? Or maybe you have some tips on helping others through a tough time?

Your experiences are invaluable to young people and families coping with childhood liver disease. If you're willing to share them please email **mairead.ritchie@childliverdisease.org**.

## Happy to hear from us?

We hope you've enjoyed Liver Life, but you don't need to wait a year to hear from us.

Click the link on the right to ensure you receive monthly updates on what our amazing supporters are up to and the work which is going on to improve the lives of everyone who lives with liver disease.

**CLICK HERE**
**TO KEEP IN TOUCH**

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